

# MEAL ACCESS for Families with Young Children.

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**Have your children lost access to meals they were receiving at child care? Every school district and supervisory union in the state is providing FREE meals to all children 18 and under. Dial 2-1-1 to find out how you can begin accessing nutritious meals for your children 0-18 years old.**

Feeding your child three square meals a day while schools and childcare are closed can be difficult, but there are many resources to help! Programs like 3SquaresVT and WIC are also available to provide assistance during these uncertain times.

For more information about these programs and to see how you can apply, access the Hunger Free Vermont COVID-19 response webpage at <https://www.hungerfreevt.org/coronavirus>.



If you have any questions, reach out to Keely Agan at Hunger Free Vermont [kagan@hungerfreevt.org](mailto:kagan@hungerfreevt.org) (802)448-4396



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